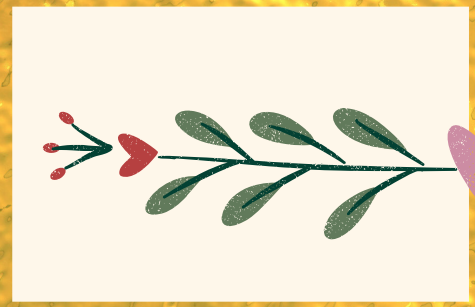


# Seniors Program February 2024

**Mon**                      **Tue**                      **Wed**                      **Thu**                      **Fri**



**1**  
**\*Line Dance with Cindy**  
10:30 am-12:30 pm

**2** **\*Intermediate iPad/iPhone class (Cantonese)**  
9:30 am -11am  
**\*Lunar New Year Lunch Celebration (Full)**  
12 pm to 3 pm

**5** **\*Beginner ESL class**  
9:30 am-11 am  
**\*Intermediate ESL class**  
9:30 am-11 am  
**\*Line Dance with May**  
11 am -12:30 pm  
**Art & Craft class**  
12 pm -2 pm

**6** **\*Qi Gong & Morning Exercise Class (Online & In-person)**  
10 am to 11 am

**7** **\*Advanced ESL class**  
9:30 am-11:30 am

**8** **\*Line Dance with Cindy & Special Gathering**  
10 am-1 pm

**9** **\*Intermediate iPad/iPhone class (Cantonese)**  
9:30 am -11am

**12** **\*Beginner ESL class**  
9:30 am-11 am  
**\*Intermediate ESL class**  
9:30 am-11 am  
**\*Line Dance with May**  
11 am -12:30 pm  
**Art & Craft class**  
12 pm -2 pm

**13** **\*Qi Gong & Morning Exercise Class (Online & In-person)**  
10 am to 11 am

**14** **\*Advanced ESL class**  
9:30 am-11:30 am

**15**  
**Cindy's Line Dance Class canceled!**

**16** **\*Intermediate iPad/iPhone class (Cantonese)**  
9:30 am -11am  
**\*Community lunch & Bingo**  
12 pm to 2 pm

**19** **Family Day Public Holiday**  
**Kiwassa closed**  
**All activities canceled!**

**20** **\*Qi Gong & Morning Exercise Class (Online & In-person)**  
10 am to 11 am

**21** **\*Advanced ESL class**  
9:30 am-11:30 am

**22** **\*Line Dance with Cindy**  
10:30 am-12:30 pm

**23** **\*Intermediate iPad/iPhone class (Cantonese)**  
9:30 am -11am

**26** **\*Beginner ESL class**  
9:30 am-11 am  
**\*Intermediate ESL class**  
9:30 am-11 am  
**\*Line Dance with May**  
11 am -12:30 pm  
**Art & Craft class**  
12 pm -2 pm

**27** **\*Qi Gong & Morning Exercise Class (Online & In-person)**  
10 am to 11 am

**28** **\*Advanced ESL class**  
9:30 am-11:30 am

**29** **\*Line Dance with Cindy**  
10:30 am-12:30 pm

**www.kiwassa.ca.**  
**2425 Oxford Street,**  
**Vancouver BC**  
**V5K 1M7**

For all activities with a star (\*) are required to pre-register in advance.

The activities in purple are Therapeutic activation program for seniors (TAPS).

Contact Cherrie or Kammy via Email:  
SeniorsPrograms@kiwassa.ca  
or via phone:  
604-306-2088/604-306-9148  
for registration or more info.

**Funded by:**



Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island



# IMPORTANT DATES IN FEBURARY:



**Feb 2** - Lunar New Year Lunch Celebration from 12-3pm. There will be live performances, lion dance, music, dance, and lucky draw! Registration is full, we can sign you up at the waitlist, but we cannot guarantee you will get a spot.

**Feb 8** - Cindy's Line Dance class will be extended to 10am-1pm

**Feb 15** - Cindy's Line Dance class will be cancelled.

**Feb 16**- Community lunch & Bingo! Please register in advance.

**Feb 19**- Family Day -Holiday. Kiwassa closed. All activities are canceled!